#### **Basics of APA Style**





**APA Style** 

APA Style: Basics of APA Style Tutorial http://flash1r.apa.org/apastyle/basics/index.htm

- APA style was developed to standardize scientific writing
- APA style is used for term papers, research reports etc.

## APA Style

- The Publication Manual of the American Psychological Association
  - It provides guidance on all aspects of the writing process
  - Manuscript structure and format: Headings, tables, figures, punctuation, capitalization, abbreviations, numbers, and statistics
  - References

Structure and Format of your Project Proposal

- Title
- Author and contact email of the author
- Date of submission
- Sections
- Citations and References

## Format

- Use Times New Roman for the text of manuscript
- Double space entire manuscript (between headings and text, reference list etc.)
- Margins: 2.5 cm (left, right, top, bottom)

### Format

- Align text to the left, leave right margin as ragged
- Intent the first line of every paragraph 1.25 cm (except references)
- For block quotations intent entire paragraph 1.25 cm



#### EFFECTS OF AGE ON DETECTION OF EMOTION

emotional detection than young adults, or older adults could show a greater facilitation than young adults only for the detection of positive information. The results lent some support to the first two alternatives, but no evidence was found to support the third alternative.

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In line with the first alternative, no effects of age were found when the influence of valence and arousal on target detection times was examined; both age groups showed only an arousal effect. This result is consistent with prior studies that indicated that arousing information can be detected rapidly and automatically by young adults (Anderson, Christoff, Panitz, De Rosa, & Gabrieli, 2003; Ohman & Mineka, 2001) and that older adults, like younger adults, continue to display a threat detection advantage when searching for negative facial targets in arrays of positive and neutral distractors (Hahn et al., 2006; Mather & Knight, 2006). Given the

Align the text to the left margin, leaving a ragged right margin. Now I will introduce a block quotation.

> For a block quotation, indent the entire paragraph one half inch. Double space between body text and the block quotation as well as between lines in the block quotation. Use the same size typeface for the block quotation as you use for the rest of the paper. Don't forget to cite the source of your quotation. (Source, year, page number)

### **Title and Other Information**

- Heading Level 1: Centered, Uppercase and Lowercase Heading
  - Research Proposal for Psy 101
- Title (Heading Level 1)
- Author and contact email (Heading Level 1), email in parenthesis
- Date of submission (Heading Level 1)

Mary Jones 1

#### Research Proposal for Psych 333 Mary Jones (e-mail address or other contact information) (Date the proposal is submitted)

#### Working Title of Proposed Research

Is There a Biasing Effect of Drug-Testing Results on Bail Judgments? Objective of the Research

While watching television one evening, I happened to see two lawyers disagreeing about whether judges impose higher bail on defendants who test positive for drug usage. One lawyer insisted that, even when positive information from mandatory drug testing is not directly related to the crime in question, it will nevertheless bias the judge's bail decision. This lawyer further argued that mandatory

### Sections

- Heading Level 2: Flush Left, Italicized, Uppercase and Lowercase Heading
  - No intent!!
- Working Title of Proposed Research (Heading Level 2)
- Objective of the Research (Heading Level 2)
- Hypotheses and Predictions (Heading Level 2)
- Proposed Method (Heading Level 2)
- Ethical Considerations (Heading Level 2)
- Preliminary List of References (Heading Level 2)



#### Objective of the Research

While watching television one evening, I happened to see two lawyers disagreeing about whether judges impose higher bail on defendants who test positive for drug usage. One lawyer insisted that, even when positive information from mandatory drug testing is not directly related to the crime in question, it will nevertheless bias the judge's bail decision. This lawyer further argued that mandatory drug testing is therefore a serious threat to the criminal justice system's ideal of being just and unbiased in all its aspects. Moved by this dispute, I began perusing texts and searching PsycINFO for some relevant literature.

#### Hypotheses and Predictions

To develop a directional hypothesis, I have been thinking about Jones and Davis's (1965) correspondent inference theory, which states that observers focus on certain types of behavior to infer traits since they believe that only certain behaviors are indicative of traits. Among the questions that observers presumably ask themselves

## Subsections (If Necessary)

- Heading Level 3: Intended, boldface, lowercase paragraph heading ending with period.
  - Text continues following the heading.

Bulgular ve Yorumlar

İzlerlik analizi. Araştırmadaki her katılımcı ve her değişken için ortalama doğru cevap süresi ve hata oranı hesaplanmıştır. Ortalama cevap süreleri ve hata oranlan Tablo 2'de gösterilmiştir.

## Citations

- APA uses author-date citation system.
- To insert citation in text, include author's surname and year of publication.
- Use double-quotes when citing author's work word-by-word, and include the page number



Here are some examples of how to use the author-date citation when paraphrasing.

Kessler (2003) found that among epidemiological samples ...

Early onset results in a more persistent and severe course (Kessler, 2003).

In 2003, Kessler's study of epidemiological samples showed that ...

#### Citations

#### **Citing References in Text**

The following chart shows how to format in-text citations (6.11-6.15)

Table 6.1 Basic Citation Styles				
Type of citation	First citation in text	Subsequent citations in text	Parenthetical format, first citation in text	Parenthetical format, subsequent citations in text
One work by one author	Walker (2007)	Walker (2007)	(Walker, 2007)	(Walker, 2007)
One work by two authors	Walker and Allen (2004)	Walker and Allen (2004)	(Walker & Allen, 2004)	(Walker & Allen, 2004)
One work by three authors	Bradley, Ramirez, and Soo (1999)	Bradley et al. (1999)	(Bradley, Ramirez, & Soo, 1999)	(Bradley et al., 1999)
One work by four authors	Bradley, Ramirez, Soo, and Walsh (2006)	Bradley et al. (2006)	(Bradley, Ramirez, Soo, & Walsh, 2006)	(Bradley et al., 2006)
One work by five authors	Walker, Allen, Bradley, Ramirez, and Soo (2008)	Walker et al. (2008)	(Walker, Allen, Bradley, Ramirez, & Soo, 2008)	(Walker et al., 2008)
One work by six or more authors	Wasserstein et al. (2005)	Wasserstein et al. (2005)	(Wasserstein et al., 2005)	(Wasserstein et al., 2005)
Groups (readily identified through abbreviation) as authors	National Institute of Mental Health (NIMH, 2003)	NIMH (2003)	(National Institute of Mental Health [NIMH], 2003)	(NIMH, 2003)
Groups (no abbreviation) as authors	University of Pittsburgh (2005)	University of Pittsburgh (2005)	(University of Pittsburgh, 2005)	(University of Pittsburgh, 2005)



When you need to cite two or more works together, arrange the in-text citations alphabetically in the same order in which they appear in the reference list (6.16).

Here are some examples of citations that include more than one work in the same parentheses:

Training materials are available (Department of Veterans Affairs, 2001, 2003) Past research (Gogel, 1990, 2006, in press)

Several studies (Derryberry & Reed, 2005a, 2005b, in press-a; Rothbart, 2003a, 2003b)

Several studies (Miller, 1999; Shafranske & Mahoney, 1998)

#### Citations

- If you cite author's work word-by-word use double quotes, and page numbers
- If you cite several sentences word-byword, use block quotation format

Lilienfeld, Lynn, Namy, and Woolf (2011) stated that "For the purposes of this text, we'll simply refer to psychology as the scientific study of the mind, brain, and behavior." (p. 3).

In their text book, Lilienfeld et al. (2011) defined psychology as "... the scientific study of the mind, brain, and behavior." (p. 3).

Lilienfeld et al. (2011) stated that "We can think levels of analysis as rungs on a ladder, with the lower rungs tied most closely to biological influences ..." (p. 3).

In their text book, Lilienfeld et al. (2011) stressed the importance of levels of analysis in psychology. Following the definition of levels of analysis, they provided the following information.

"We'll cover all of these levels of analysis in coming chapters. When doing so, we'll keep one crucial guidelines in mind: *We can't understand psychology by focusing on only one level of analysis.* That's because each level tells us something different, and we gain new knowledge from each vantage point." (p. 3. Emphasis is original).

#### The Reference List

#### Preliminary List of References

- The purpose of the reference list is to help readers find the sources you used.
- All citations should be listed in the reference list.
- Put references in order by the author's surname, or first author's surname if there is more than one author.
- Use hanging paragraph style.



Anderson, A. K., Christoff, K., Panitz, D., De Rosa, E., & Gabrieli, J. D. E. (2003). Neural correlates of the automatic processing of threat facial signals. *Journal of Neuroscience*, 23, 5627–5633.

Armony, J. L., & Dolan, R. J. (2002). Modulation of spatial attention by fear-conditioned stimuli: An event-related fMRI study. *Neuropsychologia*, 40, 817–826. doi:10.1016/S0028-3932%2801%2900178-6

Beck, A. T., Epstein, N., Brown, G., & Steer, R. A. (1988). An inventory for measuring clinical anxiety: Psychometric properties. *Journal of Consulting and Clinical Psychology*, 56, 893–897. doi:10.1037/0022-006X.56.6.893

Calvo, M. G., & Lang, P. J. (2004). Gaze patterns when looking at emotional pictures: Motivationally biased attention. *Motivation and Emotion*, 28, 221–243. doi:10.1023/B%3AMOEM.0000040153.26156.ed

Carretie, L. Hinojosa, J. A., Martin-Loeches, M., Mecado, F., & Tapia, M. (2004). Automatic attention to emotional stimuli: Neural correlates. *Human Brain Mapping*, 22, 290–299. doi:10.1002/hbm.20037

## **Components of References**

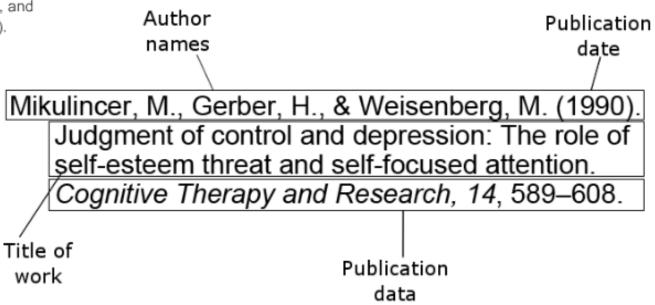
- Author names
- Publication date
- Title of the work
- Publication data

## Components of Reference and Reference Format

#### The Reference List

References contain the following components:

- author name or names (6.27),
- publication date (6.28),
- title of the work (6.29), and
- publication data (6.30).



#### Journal article

Anderson, A. K., Christoff, K., Panitz, D., De Rosa, E., & Gabrieli, J. D. E. (2003). Neural correlates of the automatic processing of threat facial signals. *Journal of Neuroscience*, 23, 5627–5633.

Carstensen, L. L., Fung, H., & Charles, S. (2003). Socioemotional selectivity theory and the regulation of emotion in the second half of life. *Motivation and Emotion*, 27, 103–123.

Rosler, A., Ulrich, C., Billino, J., Sterzer, P., Weidauer, S., Bernhardt, T., ...Kleinschmidt, A. (2005). Effects of arousing emotional scenes on the distribution of visuospatial attention: Changes with aging and early subcortical vascular dementia. *Journal of the Neurological Sciences, 229,* 109–116. doi:10.1016/j.jns.2004.11.007

### Chapter in Book

Chow, T. W., & Cummings, J. L. (2000). The amygdala and Alzheimer's disease. In J. P. Aggleton (Ed.), *The amygdala: A functional analysis* (pp. 656–680). Oxford, England: Oxford University Press.

Lang, P. J., Bradley, M. M., & Cuthbert, B. N. (1997). Motivated attention: Affect, activation, and action. In P. J. Lang, R. F. Simons, & M. Balaban (Eds.), *Attention and orienting: Sensory and motivational processes* (pp. 97–135). Mahwah, NJ: Erlbaum.



Wilson, B. A., Alderman, N., Burgess, P. W., Emslie, H. C., & Evans, J. J. (1996). The Behavioural Assessment of the Dysexecutive Syndrome. Flempton, England: Thames Valley Test Company.

Wechsler, D. (1987). Wechsler Memory Scale—Revised. San Antonio, TX: Psychological Corporation.

Wechsler, D. (1997). Technical manual for the Wechsler Adult Intelligence and Memory Scale– III. New York, NY: Psychological Corporation.

## Website

Author. (Date published if available; n.d.--no date-- if not). Title of article. In *Title of web site*. Retrieved date. From URL.

Landsberger, J. (n.d.). Citing Websites. In *Study Guides and Strategies*. Retrieved May 13, 2005, from http://www.studygs.net/citation.htm.

### **Online Sources**

- The University of Southern Mississippi APA Tutorial
  - http://www.lib.usm.edu/legacy/tutorials /apatutorial/tutorialindex.html
- Purdue Online Writing Lab http://owl.english.purdue.edu/owl/secti on/2/10/

- Youtube University
  - http://www.youtube.com/education?catego ry=University
  - e.g. Introduction to Psychology by Prof.
    Gabrieli from MIT
- ITune University
  - https://itunes.apple.com/us/app/itunesu/id490217893?ls=1&mt=8

#### Coursera

- "... partners with the top universities in the world to offer courses online for anyone to take, for free."
- https://www.coursera.org/
- TED Education
  - "Great talks to stir your curiosity."
  - http://www.ted.com/talks

#### Khan Academy

- ... a library of over 3000 videos covering everything from arithmetic to physics, finance, and history and hundreds of skills to practice ...
- www.khanacademy.org/
- The Teaching Company
  - www.thegreatcourses.com/

- Open course materials from several universities
  - EdEx
    - https://www.edx.org/
  - MIT Open Courseware
    - http://ocw.mit.edu/index.htm
  - Open Yale Courses
    - http://oyc.yale.edu/
  - Carnegie Mellon University Open Learning Initiative
    - http://oli.cmu.edu/